

# STRETCH REMOVABLE ADHESIVE ARTICLES AND METHODS

## ABSTRACT OF THE DISCLOSURE

- 5           Pressure sensitive adhesive articles and methods, particularly stretch  
removable adhesive articles that are preferably for use in adhering to skin or like  
delicate surfaces. Preferably, stretch removability of the article occurs as a  
result of the selection of a stretch removable pressure sensitive adhesive. In one  
embodiment of the articles and methods, the adhesive and backing delaminate  
10   upon removal. In another embodiment of the articles and methods, the backing  
includes a predefined tab located in a central location of the backing.

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